

Bereavement/ Comfort Room Suggestions



ROOM EQUIPMENT

- CuddleCot
- Refrigerated cot on wheels
- Moses basket (small and larger size)
- Angel pockets
- Tiny baby burial beds

PHOTOGRAPHY EQUIPMENT

Usually a camera and printer.

BABY BATH

CASTING EQUIPMENT

Casting kits to take casts of baby's hand and feet.

WASHING/BATHING ITEMS

Wash cloths, soft towels etc.

MEMORY/COMFORT BOX

(Usually provided by charities such as 4Louis, SANDS, Simba and smaller charities)

The 4Louis boxes usually contain:

- Two identical teddy bears (One for baby and one for parents to keep)
- Baby blanket
- Blank card
- Candle
- Baby name/ID tags
- Lock of hair box
- Photo SD card
- Forget me not seeds
- 'Guess how much I love you' small book
- Scroll certificate containing baby's details
- Casting kit for imprints
- Journal and pen

4louis.co.uk

cuddlecot.com



Burial Beds

Burial beds are designed to allow families to take baby home to arrange their own burial or cremation. *Available from 4Louis.*



Baskets & Angel Pockets

It can be difficult to know how best to present smaller babies to families without them been over powered by a standard basket or cot. *Available from 4Louis.*



Bathing Items

Bathing your new born baby is a precious moment for any family, it is important to give a bereaved family the choice of having such a memorable experience.

4Louis supply our washcloths and bathing items.

Bereavement/ Comfort Room Suggestions Continued



CERTIFICATES OF LOSS

- Organisations like CuddleCot and Sands provide facilities with certificates recognising loss. These can be ordered from cuddlecot.com/certificate



Scan to request
CuddleCot certificate

SELECTION OF BOOKS

- from support books for the parents to a selection of children's books that can be used to read to the baby. Butterfly books charity donate books as gifts for the parents.

KEEPSAKES

- **The Heart in their Hand** project helps bereaved families create a tangible connection when saying goodbye. The little heart can be placed in a baby, child or loved one's hand and the matching keepsake is taken home as a beautiful reminder of the connection shared. heartintheirhand.com
- **Holding hearts:** Resin memory hearts gifted to the parents. holdinghearts.org



Pre term Clothing
- Little Cloud

PRE TERM CLOTHING

- Outfits can be hung within a wardrobe for the parents to look through and choose what they like for their baby. This really personalises care rather than just providing a standard knitted outfit (some parent's don't like these). littlecloud.co.uk



Angel Pockets
- ourangelbears.org.uk

ANGEL POCKETS

- For very small babies, units are often donated 'angel pockets' as these babies are too delicate to dress in usual clothing, however they still should be provided the dignity of some clothes rather than being left undressed. ourangelbears.org.uk



Crochet Gown
- ourangelbears.org.uk

Bereavement/ Comfort Room Suggestions Continued



TEDDY FOR THE PARENTS (SOMETHING TANGIBLE TO CUDDLE):

- Aching Arms usually supply these all over the UK. achingarms.co.uk

HEARTBEAT BEARS:

- Some units have these if the parents have ever recorded the baby's heartbeat during an antenatal appointment, they use this inside the bear.



Teddy Bear
- achingarms.co.uk

COMFORT BOX FOR MUSLIM FAMILIES

- Ibraheem's Gift has been designed specifically around and for Muslim families. through close consultation, this pack contains the necessities a Muslim family would need before baby's burial.
4louis.co.uk



Ibraheem's Gift Box
- 4louis.co.uk

SIBLING BOXES

- Sibling bags can be an important way to help care for bereaved families, particularly the children who have lost a brother or sister.
- These bags are filled with items that can help siblings cope with their grief, such as journals, books, toys, and other comforting items. They also include resources to support children, such a book on how to work through grief. 4louis.co.uk



Sibling Bags
- 4louis.co.uk

Ideas for Baby Shadow Box Frame

Step 1 :Gather baby shadow box items

Hat, Onesie, hospital ID bracelet, Footprints, Ultrasound Pictures, Family Photos etc.

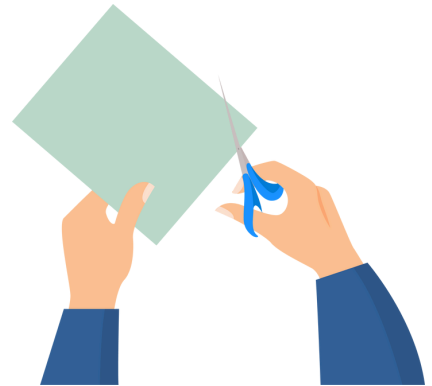


Step 2: Shop for Baby Shadow Box Frame

Choose a shadow box. These are available from craft stores and Amazon etc.

Step 3: Prep baby shadow box frame.

For the background, consider using a neutral coloured paper or fabric.



Step 4: Personalise Baby Shadow Box

Organise your items on the prepped surface to see what arrangement works best.

Step Five: Attach Items

Some families choose to use cute push pins to attach clothing to the board if the background is covered in fabric. Alternatives include double sided tape.

