



## Maximising the efficiency of the CuddleBlanket - supporting families when visiting their loved one



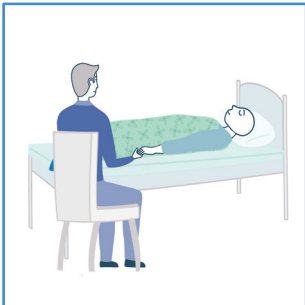
**1a.** The insulated blanket fits in a standard single duvet cover, or can be folded into a cot bed cover.



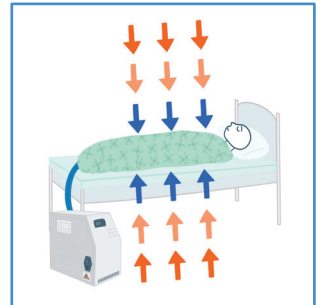
**1b.** Alternatively, the insulated blanket can be left as it is, or a sheet can be laid on top.



**2.** Bring the blanket to shoulder height & tuck around the person or into the mattress.



**3.** If a family wish to hold their loved ones hand, remove their hand from under the blanket & tuck the remainder around them. This will reduce warm air continually entering under the blanket.



**4.** Securely tucking the insulated blanket around the person minimises gaps. This will aid insulation so the person remains cool & reduces condensation from warm air entering under the blanket.

For further assistance contact our support team:

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