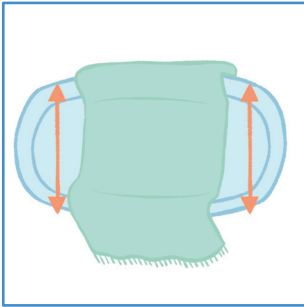


## Maximising the efficiency of the CuddleCot - a guide for enabling families to keep their baby cool & holding their baby



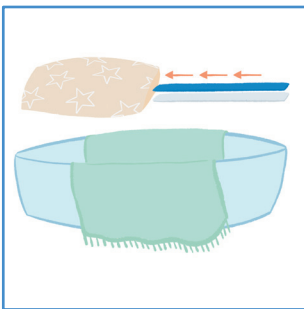
**1.** Place the blanket over chosen basket/crib. The longest length of blanket should be across the width of the basket.  
*(A polyester blanket with no holes is recommended)*



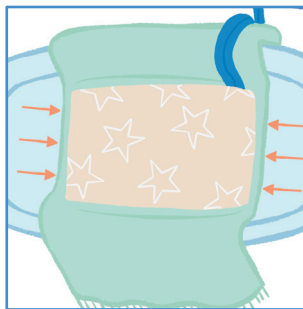
**2.** Add the foil sheet centrally on top of the blanket, with the shiny side facing up.



**3.** Set up the CuddleCot system, & add the cooling pad on top of the insulated foil.



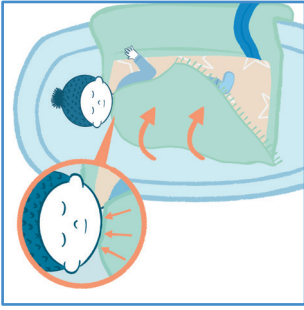
**4.** Place the insulated foil & cooling pad inside a pillow case, or wrap both with a small sheet.



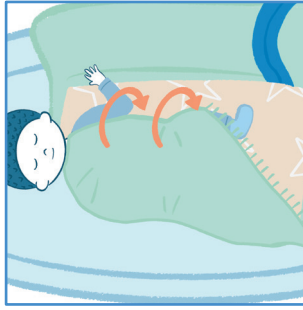
**5.** Return them into the basket/crib, & ensure there is an equal amount of blanket at the top & bottom of the pad.



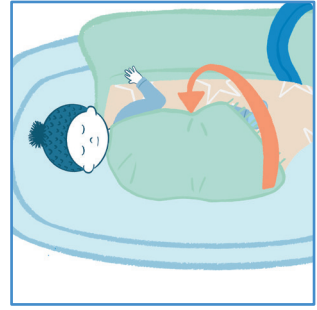
**6.** Place the baby into the basket/crib. Their neck should sit in line with the top of the cooling pad. Their feet should be at the same end as the hose.



**7.** On the opposite side to the hose, bring across the top corner of the blanket, ensuring the blanket is tucked in near baby's neck.



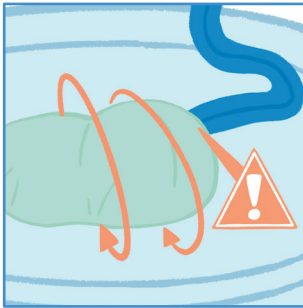
**8.** Tuck the remaining top part of the blanket under baby's opposite arm & under their back.



**9.** Tuck the remaining bottom part of the blanket on the same side over baby's leg, & tuck in under their back.

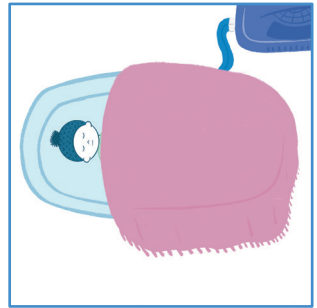


**10.** Tuck the top of blanket on the other side, over the remainder of the baby, & tuck in under baby's chin & back.



**11.** Take the last part of the blanket & tuck around the hose covering as much space as possible.

Ensure the hose is not kinked when swaddling the baby.



**12.** Baby can now be easily held by families without needing assistance & cooled at the same time.

A second blanket can be laid on top of the basket/crib whilst baby is in there.



**Minimising gaps & wrapping baby aids insulation & reduces condensation.**

For further assistance contact our support team:  
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